

Product Information for Doctors and Health Professionals.
More info on
www.enzoprofessional.com

ENZO: PROFESSIONAL

Enzogenol® Pine Bark Extract : Attention & Behaviour



Nutritional Benefits

Enzogenol® supports healthy brain function, attention and concentration abilities. In children teachers often notice improved school performance and behaviour, and better social skills within days.

Dose Recommendations

Children age 3-12: One capsule/day for the first two weeks. With desired results, maintain this dose, otherwise increase dose to 2 caps/day. For most young children, one capsule per day will be sufficient. If needed, capsules can be opened and contents poured onto food, i.e. mashed banana.

Children age 13 and older: One cap/day for the first week. Increase dose to 2 caps/day in the second week. Monitor health and sustain 2 caps/day for at least 6 weeks. Dose can safely be increased to 4 caps/day if desired. With satisfactory health support a maintenance dose of 1-2 caps/day can be used.

Adults: Two caps/day for the first week. Increase to 4 caps/day in 2nd week. Monitor health, sustain 4 caps/day for at least 6 weeks. With satisfactory health support dose can be reduced to maintain 1-2 caps/day.

Parent Feedback: J. C., boy, age 9, Attention, hyperactivity, coordination, reading problems

ENZO Professional: started Aug 2007, 1 cap/day. Other supplements: J.C. has been on Iodine, Zn, Vitamin D, and omega 3's for some time. Were there any changes after starting Enzo Professional? *"YES! After 1 week!"*

Description of changes: *"A whole lot calmer. Reading has improved. Comprehension has improved. Listening to instructions are better. Behavior improved by 100%. ...with Enzo a huge improvement."*

Any unwanted side effects from Enzo Professional? *"None, whatsoever!"* Anything else you might like to add? *"Before starting on Enzo his reading was extremely difficult. Since then his reading has improved amazingly. We finally have hope & his confidence in Maths and reading have improved too."*

ENZO Professional

Supplement facts: per cap

Enzogenol® 240 mg

(Extract of *Pinus radiata* bark)

Vitamin C 30 mg

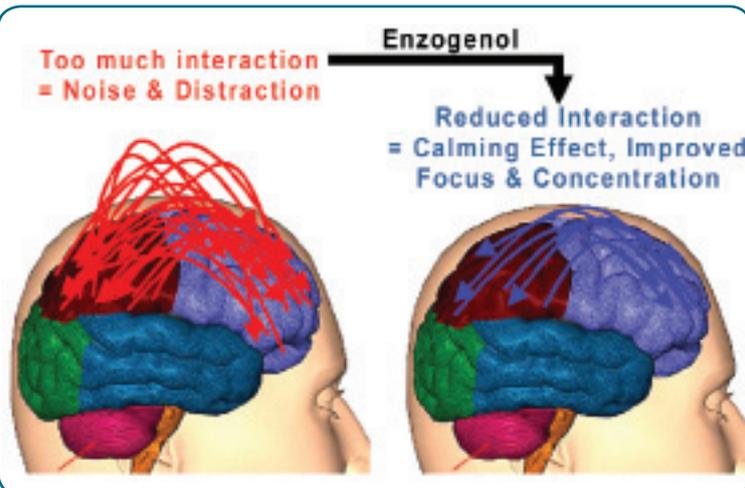
Other ingredients:

Vegetable cellulose capsule, Tapioca starch

Suitable for vegetarians, diabetics.

Undesired effects: No serious adverse effects are known for Enzogenol. Occasionally a bitter/acidic aftertaste, or a light stomach upset has occurred when taking the capsules with too little water. In rare cases, individuals taking 4 or more caps without dosing up slowly have reported a headache. Reducing the dose overcomes these complaints. Some people experience sleeplessness if taking the product in the late afternoon or evening due to increased levels of alertness. This can be avoided by taking capsules no later than 2 pm.

Nutrition Research: Five weeks of Enzogenol changed brain activities with a shift towards greater concentration leading to significantly better performance on cognitive tests.



PHOTOTHERAPY RESEARCH
Proceedings, Vol. 22, 1166-1174 (2008)
Published online 3 August 2008 in Wiley InterScience
(www.interscience.wiley.com) DOI: 10.1002/ptr.2065

Improved Cognitive Performance after Dietary Supplementation with a *Pinus radiata* Bark Extract Formulation

Andrew Phippas^{1*}, Richard B. Silberstein¹, Luis Ylletta², Cindy Van Rosoy¹, Elizabeth V. Harris¹, Joanna M. Young¹, Christopher M. Trampton¹, Avni Sult¹ and Joseph Nestler¹

Parent Feedback:

S. D., boy, age 8. Attention & hyperactivity problems from age 3

ENZO Professional: started Feb 2008, 2 caps/day

Changes after starting Enzo? *"YES! Immediate!"*

Description of changes: *"From the first few days we found that S focused better and longer than before. He is also better at interacting with other children. His restless behavior decreased significantly. We had been doing supplements and GF/DF diet for 7 months but it wasn't until we used Enzo Professional that we saw a dramatic change in his ability to focus. S is now doing very well in school and learning classical guitar!"*

Any unwanted side effects? *"No!"*

For more info please contact Dr. Matt Frevel, Chief Scientist, ENZO Nutraceuticals: mattfrevel@enzo.co.nz, ph +64 21581933