

Product Information for Doctors and Health Professionals.  
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## ENZO:PROFESSIONAL

### Enzogenol® Pine Bark Extract : Overview

#### ENZO Professional

Supplement facts: \_\_\_\_\_ per cap

**Enzogenol®** 240 mg  
 (Extract of *Pinus radiata* bark)

**Vitamin C** 30 mg

Other ingredients: Vegetable cellulose capsule, Tapioca starch

Suitable for vegetarians and diabetics.

**Enzogenol® is a pine bark extract from New Zealand grown *Pinus radiata*.** It is produced with patented water-only extraction that delivers the full natural spectrum of flavonoids from the bark and preserves the full antioxidant and anti-inflammatory activities of the compounds.

**Nutritional supplementation with ENZO Professional has shown benefits in the management of cardiovascular, inflammatory, and neurological body functions.**

**Dose Recommendations - Maintenance:** One capsule per day will greatly increase flavonoid intake. High dietary intake of flavonoids is associated with substantially reduced risk of a wide range of chronic health complaints, and improves the oxidative and inflammatory balance in the body.

**Nutritional Support - Management: Adults:** Two caps/day for the first week. Increase to 4 caps/day in 2nd week. Monitor health, sustain 4 caps/day for at least 6 weeks. Dose can safely be increased to 6 caps/day if desired. With satisfactory health support dose can be reduced to maintenance.

**Children age 13 and older:** One cap/day for the first week. Increase dose to 2 caps/day in the second week. Monitor health and sustain 2 caps/day for at least 6 weeks. Dose can safely be increased to 4 caps/day if desired. With satisfactory health support dose can be reduced to maintenance.

**Children age 3-12:** One capsule/day for the first two weeks. With desired results, maintain this dose, otherwise increase dose to 2 caps/day. For most young children, one capsule per day will be sufficient. If needed, capsules can be opened and contents poured onto food, i.e. mashed banana.

| Nutritional Health Management  | Nutrient Effects   |
|--|--|
| <u>Body's Natural Healing Ability Support</u>  | Increasing flavonoid intake. Supporting healthy antioxidant balance, healthy blood circulation and oxygenation. Supporting optimal nutrition for optimal healing ability.  |
| <u>Cardiovascular Support</u>  | Supporting healthy endothelial function, circulation, and blood pressure. Supporting healthy plasma viscosity and healthy blood coagulation levels. Supporting healthy balance of anti-inflammatory and anti-oxidant levels.   |
| <u>Cell Growth Control, Adjunct Nutrient Supply Supporting Health during Cytotoxic Therapies</u> | Nutritionally supporting the body's own defense mechanisms. Increased flavonoid intake supports detoxification, increased energy levels and lower oxidation levels.  |
| <u>Eye Health Support</u>  | Supporting eye health, age-related.  |
| <u>Inflammatory/Auto-Immune Support</u>  | Supporting healthy, low levels of inflammation and oxidation. Counteracting fatigue, boosting mental alertness and energy.   |
| <u>Metabolic Support</u>   | Supporting healthy blood glucose levels and healthy blood glucose control. Providing nutrients for healthy neurological function.  |
| <u>Neurological Support</u>  | Supporting healthy brain functions, executive functions and concentration ability. Supporting healthy attention and behaviour in children. Supporting health in tension-type head discomfort. Providing nutritional support for healthy gut brain interactions (gut brain axis). |
| <u>Vascular Support</u>  | Supporting healthy blood vessel function, stability, micro- & macro-circulation.   |
| <u>Women's Health</u>  | Supporting menstrual health.   |

**Undesired effects:** No serious adverse effects are known for Enzogenol. Occasionally a bitter/acidic aftertaste, or a light stomach upset has occurred when taking the capsules with too little water. In rare cases, individuals taking 4 or more caps without dosing up slowly have reported a headache. Reducing the dose overcomes these complaints. Some people experience sleeplessness if taking the product in the late afternoon or evening due to increased levels of alertness. This can be avoided by taking capsules no later than 2 pm.

For more info please contact Dr. Matt Frevel, Chief Scientist, ENZO Nutraceuticals: [mattfrevel@enzo.co.nz](mailto:mattfrevel@enzo.co.nz), ph +64 21581933